

Occupational Therapy Outpatient

My Hospital Story

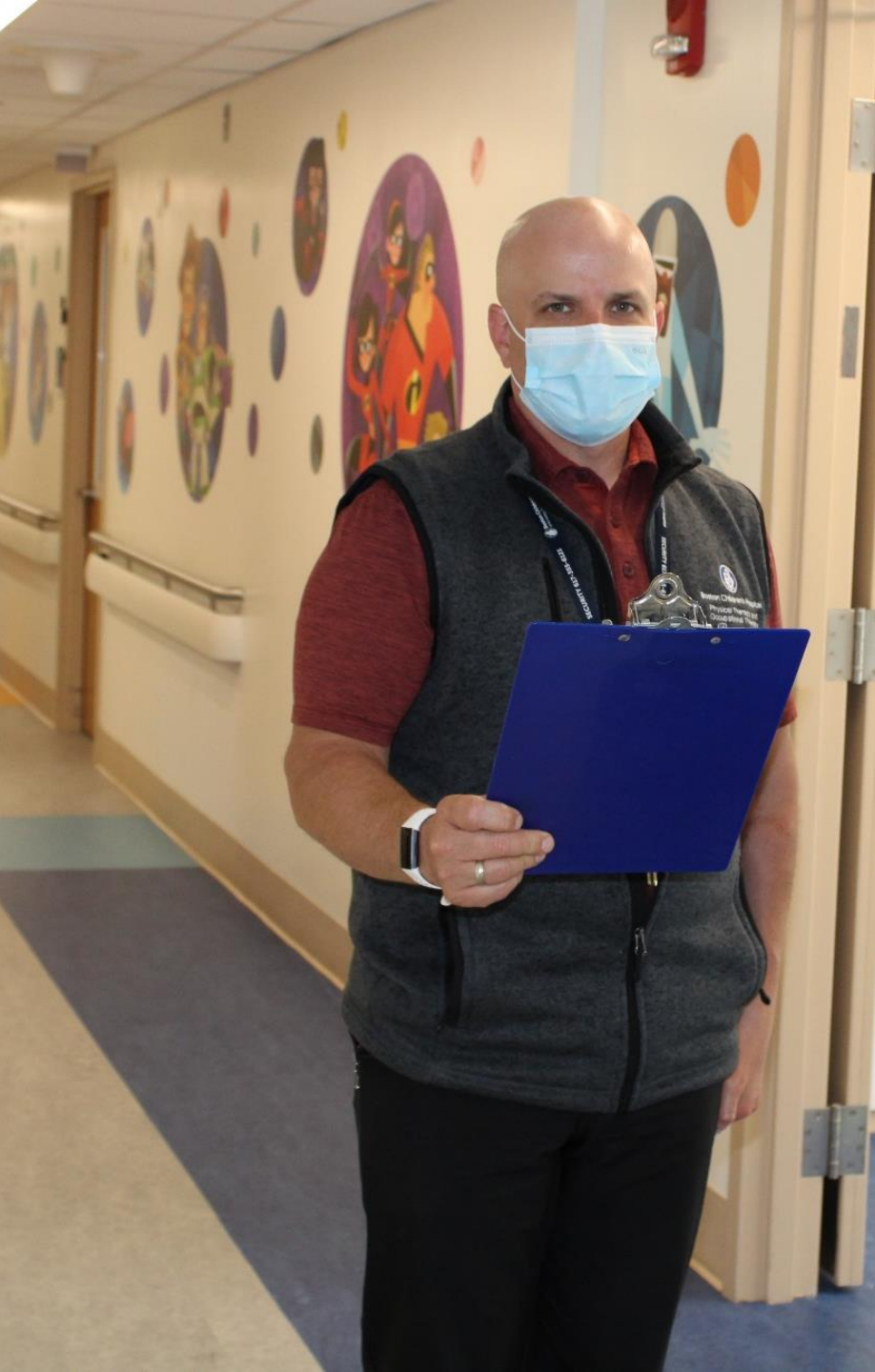


Boston Children's Hospital

October 2022

I'm getting ready for my occupational therapy appointment at Boston Children's Hospital.





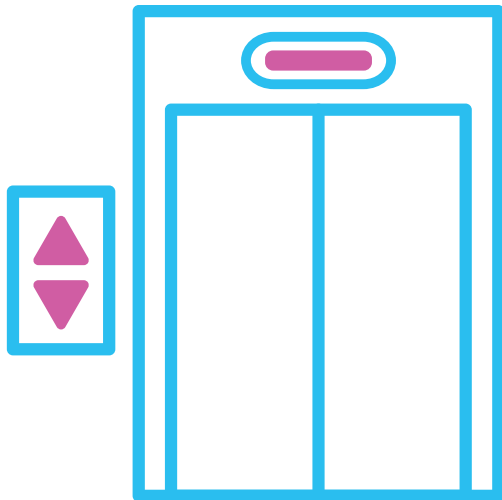
An occupational therapist helps me learn how to move my body so I can do new things.





When we get to the hospital, my caregiver and I will stop and talk with someone. They will give us a mask to wear.

Then we'll take the Fegan elevators to the 7th floor.





Next, we will walk to the front desk.
I'll get a bracelet with my name on it.



Then we'll wait
until my name is
called. I can sit
or play quietly
while I wait.



When it's my turn,
my occupational
therapist will call
my name.





Next, we'll walk to a new room. My therapist will talk about what we are going to do today.



I might play
games in the
sensory room.

I'll take off my
shoes before I go
in this room.

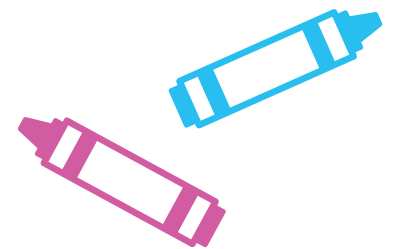


I'll learn how to move my body while playing games.





Next, I might sit at a table and do activities in the evaluation room.





Next, I might go to the gym and move my body. I'll learn how to keep my body safe while I play.



My therapist
will help me
and teach me
new things.



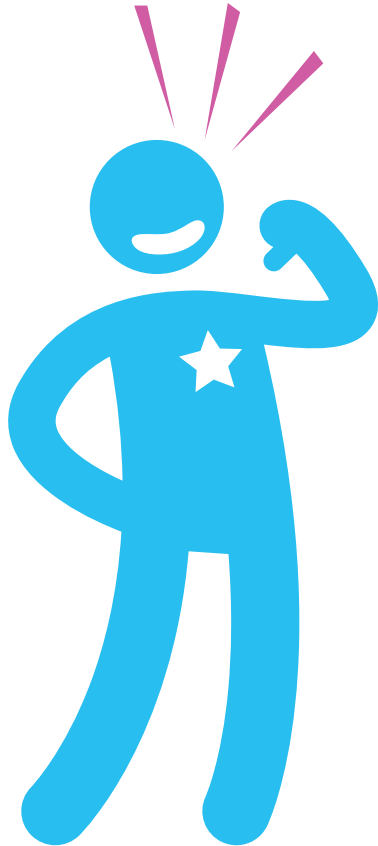


My therapist will
let me know
when I'm all done
with my
appointment.

I did a great job!



Everyone will be
so proud of me!



Developed by

Autism Spectrum Center, Occupational
Therapy and Child Life Services